

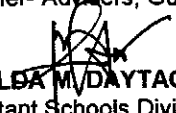


Republic of the Philippines  
Department of Education  
Cordillera Administrative Region  
SCHOOLS DIVISION OF BENGUET  
Wangal, La Trinidad, Benguet  
Telefax: (074) 422-6570; (074) 422-7501



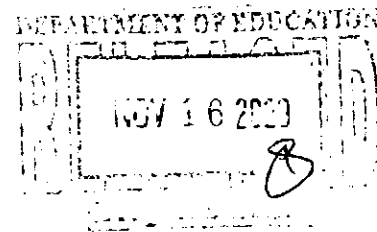
DIVISION - **MEMORANDUM No. 240 s. 2020**

**TO:** Chief SGOD and CID  
Public Schools District Supervisors and Coordinating Principals  
Public Elementary and Secondary School Heads  
Teacher- Advisers, Guidance Designates and Guidance Counselors

**FROM:**  **BENILDA M. DAYTACA, EdD, CESO VI, CA**  
Assistant Schools Division Superintendent  
OIC- Office of the Schools Division Superintendent

**SUBJECT:** **ONKHABAY: WEBINAR SERIES ON PROMOTING THE IBENGUET LEARNERS' PROTECTION, WELL-BEING AND LEADERSHIP SKILLS IN THE NEW NORMAL**

**DATE:** 09 November 2020





1. The Schools Division of Benguet shall conduct an activity entitled, **ONKHABAY: Webinar Series on Promoting the Ibenguet Learners' Protection, Well-Being and Leadership Skills in the New Normal on November 18-20, 25-27, 2020 via Zoom.**
2. *Onkabay* is an *Ibaloi* term which means grow vigorously. Through this activity, IBenguet learners thrive for excellence in leadership, mental strength and adapt positively to the new challenges and demands of their academic, social and personal lives. Teachers, on the other hand, shall also be provided with updates and practical information on how to address concerns on child protection, mental health, leadership and career guidance relevant to their teaching profession.
3. This activity is part of the SDO Benguet Learning Continuity Operational Plan (LCOP) in ensuring the well-being of learners and personnel in this time of COVID-19 Pandemic. Further, the *ONKHABAY* is aligned with the Celebration of the National Children's Month with the theme, "*Sama-samang Itaguyod and Karapatan ng Bawat Bata sa Panahon ng Pandemya*" (NCM, 2020) in its aim to promote the protection of children and their rights at all times.
4. The objectives of the activity are as follows;
  - a. To promote the protection and rights of all elementary and high school learners and provide practical support to teachers during the pandemic specifically on Cyberbullying and Children's Rights and Responsibilities.
  - b. To provide practical information and knowledge on strengthening the well-being and resilience of IBenguet learners.
  - c. To provide updates on the relevance of leadership and career guidance for IBenguet Youth Leaders, Teacher-Advisers and Guidance Designates and Counselors
  - d. To orient school heads in the Regional Policy *re: Gender Responsive and Non-Discriminatory Student Discipline Manual* as one of the bases for their School Learners' Manual.
5. Participants are Elementary and High School learners, Teacher-Advisers, Guidance Designates, Guidance Counselors and School Heads. Kindly refer to the Program Mechanics enclosed in this Memorandum for your guidance.
6. Communication allowance of Php 100 shall be provided to the participants based on actual attendance charged to Learner Support Funds- RO-CAR-20-0358 subject to usual accounting and auditing rules and regulations.
7. Immediate dissemination of and strict compliance with this memorandum is desired.

**References:**

- SDO Benguet Learning Continuity Operational Plan (LCOP)
- DO 32 s. 2017- Gender Responsive Basic Education Policy (GRBEP)
- RM No. 275 s. 2020- Celebration of 2020 National Children's Month
- RM No. 172 s. 2020- DepEd-CAR Regional Policy Guidelines on Student Discipline

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	Division <b>MEMORANDUM No. 240 s. 2020</b>	

SDO Memorandum No. \_\_\_\_ s. 2020

**Enclosure 1: PROGRAM MECHANICS AND SCHEDULE**

**ONKHABAY: WEBINAR SERIES ON PROMOTING THE IBENGUET LEARNERS' PROTECTION, WELL-BEING AND LEADERSHIP SKILLS IN THE NEW NORMAL**

*Mechanics:*

- All interested participants shall pre-register through the link below. Pre-registration is on "first come, first served" basis. Limited to 100 Participants per Batch
- Teachers shall submit Individual Parent's Consent of their Identified Learners upon registration to the webinar.
- All participants will be provided with Php 100 worth of communication allowance based on actual attendance.

*Session Details*

**18 November 2020**  
**AM Session**  
**9:00-12:00**

**SESSION 1: ON CHILD PROTECTION: Promoting Safety of Children at Home**

*Understanding Bullying: Prevention and Intervention*

Ms. Macrina C. Barrozo, RGC

Guidance Counselor, *Saint Louis University- Laboratory Elementary School*

*Elementary Learners  
and Teachers*

Registration Link: <http://bit.ly/OnkhabaySession1>

- Batch 1 (9:00-10:30)
- Batch 2 (10:30-12:00)

**PM Session**  
**1:00-5:00**

*Topic 1: Understanding Cyberbullying: Prevention and Intervention*

Agnes Kryza H. Sito, RPsy, RGC, LPT

Psychologist, *Psych Up: The Therapy Center*

*High School Learners  
and Teachers*

*Topic 2: Understanding Children's Rights and Responsibilities*

Renee I. Taguibos

Advocacy Program Coordinator, *SLU Sunflower Child and Youth Wellness Center*

Registration Link: <http://bit.ly/OnkhabaySession1>

- Batch 1 (1:00-3:00)
- Batch 2 (3:00-5:00)

**19 November 2020**

**SESSION 2: ON MENTAL HEALTH: Strengthening the Well-being and Resilience of IBenguet Learners**

**AM Session**

*Taking an Academic Break: Promoting Good Mental Health for Elementary Learners (while at Home)*

**9:00-12:00**

Philippine Mental Health Association- Cordillera Chapter

*Elementary Learners  
and Teachers*

Registration Link: <https://bit.ly/OnkhabaySession2>

- Batch 1 (9:00-10:30)
- Batch 2 (10:30-12:00)

**PM Session**



*Topic 1: Taking an Academic Break: High School Learners Guide to Self-Care*

Dr. Faridah Kristi C Wetherick, RPsy, Rpm, LPT

Director, *SLU Sunflower Child and Youth Wellness Center*

**1:00-5:00**

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*High School Learners and Teachers*  
**Topic 2: Recognizing Teen Depression**  
Jojet Lamberto R. Mondares, RPsyc, RPM  
Director, *Psychstart Psychological, Academic and Arts Services*

Registration Link: <https://bit.ly/OnkhabaySession2>

- Batch 1 (1:00-3:00)
- Batch 2 (3:00-5:00)

**20 November 2020**  
**AM Session**

**9:00-12:00**

*Elementary & High School Learners with Teacher-Advisers*

**SESSION 3: ON LEADERSHIP: Benguet Leaders Ready for the New Normal**  
Dr. Ryan C. Guinaran, MD, PhD  
Founder, *DITENG Foundation*

Registration Link: <https://bit.ly/OnkhabaySession3>

- Batch 1 (9:00-10:30)
- Batch 2 (10:30-12:00)

**PM Session**

**1:00-3:00**

*Guidance Designates and Guidance Counselors*

**SESSION 4: ON CAREER GUIDANCE: Strengthening the Relevance of Career Guidance in the New Norm**

*Topic: Upgrading Workplace Skills in the New Normal*

Xylene Grail D. Kinomis  
Senior Education Program Specialist- Human Resources & Development  
*SDO Benguet*

Registration Link: <https://bit.ly/OnkhabaySession4>

**25-27 November 2020**

**In 5 Batches**



*ALL School Heads and PSDSs*

**SESSION 5: ORIENTATION ON THE REGIONAL POLICY ON GENDER RESPONSIVE AND NON-DISCRIMINATORY STUDENT DISCIPLINE MANUAL (GRANDSDISM)**

Facilitators: Division Child Protection Policy Committee

Registration Link: <https://bit.ly/OnkhabaySession5>



- November 25, 2020: (Bokod and Buguias Districts) Batch 1 (9:00-12:00)
- November 25, 2020: (Atok, Itogon I, Itogon II and Kabayan Districts) Batch 2 (1:00-4:00)
- November 26, 2020: (Bakun, Kapangan and Kibungan Districts) Batch 3 (9:00-12:00)
- November 26, 2020: (La Trinidad, Mankayan and Sablan Districts) Batch 4 (1:00-4:00)
- November 27, 2020: (Tuba and Tublay Districts) Batch 5 (9:00-12:00)

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**Enclosure 2: PARENT'S CONSENT**

**ONKHABAY: WEBINAR SERIES ON PROMOTING THE IBENGUET LEARNERS' PROTECTION, WELL-BEING AND LEADERSHIP SKILLS IN THE NEW NORMAL**

	<p>Republic of the Philippines          Department of Education  <b>CORDILLERA ADMINISTRATIVE          REGION          SCHOOLS DIVISION OF BENGUET</b></p>		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Document No.:</td> <td>SDO-BENG- CF-SSCO- HRD-004</td> </tr> <tr> <td>Revision No.:</td> <td>01</td> </tr> <tr> <td>Name of Office/ Position Title</td> <td>SGOD-YOUTH FORMATION</td> </tr> <tr> <td>Effective Date:</td> <td>September 10, 2019</td> </tr> </table>	Document No.:	SDO-BENG- CF-SSCO- HRD-004	Revision No.:	01	Name of Office/ Position Title	SGOD-YOUTH FORMATION	Effective Date:	September 10, 2019
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<b>PARENT CONSENT FORM</b>											
<p>Title of Activity: _____</p> <p>Date of Activity: _____</p> <p>Name of Child: _____ Date of Birth: _____</p> <p>Parent/ Guardian: _____</p> <p>Address: _____</p> <p>School: _____ District: _____</p> <p>Mobile Number: _____ E-mail: _____</p> <p>Does your child suffer from any medical conditions/allergies that the program should be aware of (including any current medication)?</p> <p>_____</p> <p>_____</p> <p>Please provide details of medication that must be administered:</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Emergency contact details: (if different from above):</p> <p>Name: _____ Telephone no: _____</p> <p>Relationship to child: _____</p> <p><b>CONSENT (please read carefully)</b></p> <p>I agree to my son/ daughter taking part in the activities of the program. Further, I confirm to the best of my knowledge that my son/ daughter does not suffer from any medical condition other than those listed above.</p> <p>Signed: _____          (Parent/ Guardian)</p> <p>Date: _____</p>											